



Getting to Know You

New Member: **Heather Clement Tessmer**

What motivates you? I have always been an over-achiever. It could be the “middle child syndrome” (older brother and younger sister) or just that I am a goal-oriented person. I have to say that I am motivated by everything and anything Good and bad and it changes every day. Since my husband retired and became a full time student, I am motivated by fear Being the major bread-winner is sometimes scary! I am also motivated by incompetence Because I KNOW I can do it better ... or by someone telling me I can’t do it. Just tell me “no” or “it can’t be done” and see what happens...

Where do you feel your best? I feel best when I am helping others – when I know that I am making a difference. I believe that I have the ability to help others through my skills as an attorney, counselor and mediator. Sometimes, though ... it just takes someone who will listen and acknowledge that there really is a problem... so many lawsuits are started because no one was listening.

What inspires you? I am inspired by my kids (Chase, 13 and Abby, 10). I want to lead a healthy lifestyle so that I can be around to see how they turn outI am inspired by successful business people ... if they can do it ... why can’t I? I am inspired by ideas And the “why not” or “what if”

Why did you join HCWIB? I am very close to the “Gulls” mentioned in the Picayune article. One of those friends asked me about my friends in Boerne. It made me realize just how isolated I have been since moving to Boerne. I joined HCWIB because the women in this group are inspiring.

If you could use three words to describe yourself, what would they be? Me: Dedicated, honest, amusing
I asked friends They said: generous, loyal, powerful, accomplished, intelligent, determined, caring
And my 10 year old daughter said: funny, smart and loud.

Tell me what you do and why you are good at it. The Tessmer Law Firm is dedicated to our clients, large and small. We are a full-service civil firm providing a broad range of legal services to both businesses and individuals throughout the hill country and San Antonio. As a civil litigation firm, we zealously represent our personal injury and subrogation clients in the courtroom as well as exploring every opportunity for recovery. We believe that it is in the best interest of the family for divorce NOT to be contentious. Through mediation and counseling, the best can be made of a bad situation. Additionally, we offer assistance with estate planning and probate, business formation, contract review and enforcement, and real estate closings. We also offer mediation and arbitration services. We believe that a well-informed client is able to make good decisions. We strive to provide all possible information to our clients and we are dedicated to being accessible for questions and concerns. We understand that clients are dealing with difficult situations and it is our mission to not only assist them through the difficult times, but to make it a little easier. As an individual, I am never impulsive. I am a careful yet creative thinker. I believe in my ability to walk clients through difficult times and come out the other side satisfied and at peace with the outcome.



Our Next Meeting

Thursday, May 14th at Fair Oaks Ranch Country Club - 5:30 p.m.
Speaker: Gayle Jones (she will be asking us to stretch ever so "well", so come dressed to move easily & remember, we are out on the deck

MENU: Classic Caesar Salad, Chicken Saltimbocca with roasted lemon sauce over angel hair pasta and chef's vegetable. For dessert, Tiramisu - the italian favorite!

* Substitute Vegetarian plate only. No other options available.

Reservations are required.

Shelby Luke / 830-446-1102
shelbylluke@yahoo.com

Dinner* & Social - \$17
Lunches* & Social - \$15

Sorry ... No shows and late cancellations will be billed [unless you email Shelby no later than 48 hours before the meeting].

Please call if an emergency comes up the day of the meeting.

Notes from the President

Kathryn R. Hubbard, MD

If you did not make the meeting on April 9th, you missed a fun time. We started with Carolyn Dutton explaining to us what an elevator speech is. This is an attempt to tell the group about yourself and your business in the time before the next floor elevator door opens. For those of us that love to talk, this was a tough job to handle. Most of our members and guests were able to accomplish this feat. I am not sure Marie Hicks met the deadline as she had exciting news to share with us about her new adventure "the next best newspaper in Boerne". I have no doubt that she will be true to her word and her newspaper will be outstanding.

I want to remind you that if you have any interest in helping our club you can contact one of the chair ladies and volunteer to help her this year in her area of responsibility. One of our newest members, Denise Ciardello, along with Rose Englehardt, volunteered to help Lynn Pendley with her communication responsibilities. If we each do a little, no one will have to work too hard this year. I know each of the ladies would value your volunteer spirit. We also welcomed two new members to our club; Sandra Montoya of Human Resources and Management, and Kathy Masterson of B-Connected. Be sure and introduce yourself to them at our next meeting.

We then heard from Bonnie of Tomboy Tools. What fun!! She has an enabling spirit that says each of us ladies can do a lot more at our homes than we think we can. I walked away with very pretty pink pruning shears to cut myself some pink roses, a blade to more effectively remove the old stickers off my car, and a little snake to remove all the hair from my bathroom drain. I am empowered to accomplish this and more. Watch out world!!

Next month on May 14th we will have one of our own members teach us pain relief and stress reduction techniques.

Gayle Jones will enlighten us on NeuroStructural techniques to help our pains and stretches that will help us not hurt ourselves in the first place. We will practice these techniques and have dinner out on the deck at Fair Oaks Country Club. So wear some cool and comfortable clothes. Doing yoga stretches is awfully difficult in a dress! Come prepared to relax and learn some new techniques to decrease some of that stress we are all feeling these days. Have a blessed month. ~ Kathy



Networking Works

/// but only if we can find you!

Make sure to promote your company on the HCWIB website - go to www.hcwib.net and verify that your listing is correct in the Business Directory.

If you need to make a change, just email Lynn at Lynn@LPComputerServices.com or if you have any questions, feel free to give her a call on 210-568-3618 (but remember, she is on Eastern time - lives in TN). *We appreciate your help Lynn!*

Notes from the Chaplain

Patrice Davison - *Please join me in praying for the following:*

- * Terry Essman's colleague, Janie Pool, who is sick with pancreatic cancer.
- * Sharon Tschirhart's family - Her niece (not Debbie) is only 34 years old, already has Lupus and now has had a heart attack. Her prognosis is dire. Sharon's brother had meningitis a few months back and then had a stroke. To top that off, he has been diagnosed with stage 5 prostate cancer with a spot on his liver and rib
- * Suzann Woodward. We must have already been praying for her this tax season as she did not have to hurt anyone during her most stressful time! (Like that would ever happen!)
- * For Chip and I in our goal of legally adopting our granddaughter, Cassandra. The court hearing is on May 22nd and that will get us on the track for adoption



Upcoming Events



- May 1 - New Member Orientation
- May 4 - Leadership Boerne
- May 5 - Networking Breakfast/
Sponsored by TSO
- May 5 - Ribbon Cutting at
Hearts' Home Acoustics
- May 6 - Ambassador Meeting
- May 7 - National Prayer Day**
- May 7 - Ribbon Cutting at KCN
Homes
- May 8 - Ribbon Cutting at
Boerne City Lake Park
- May 9 - Election Day for City of
Boerne & BISD Board Elections
- May 12 - Ribbon Cutting for San
Antonio Opera
- May 14 - Business Ed Council
Mtg. & Government Affairs Mtg.
- May 14 - Ribbon Cutting at
Bergheim Volunteer Fire Dept.
- May 14 - After Hours Mixer
Sponsor- Salon Infusion
- May 18 - Lunchbox Lesson
Marketing with Social Media
- May 19 - 2nd Annual Job Fair
- May 28 - Ribbon Cutting at
Alamo Springs Cafe
- May 28 - Business After Hours
Sponsor; Boerne Berges Fest

Tips from our Webmaster:

Lynn Payge Koppe

- Protect your business and your records: Remember to back up your computer data regularly. Programs (WORD, QUICKBOOKS) can be bought or reloaded from your original disks, but that address book, contracts, articles you have written, your calendar files, and everything else cannot be recovered easily without lots of time and expense. External backup systems are easy to use. Try to store your backup away from your computer and office (just in case).

- Protect your computer by making sure to keep your virus software up to date - one virus can cost you time and money trying to remove it and get all your systems decontaminated and in the meantime can be propagating to your friends and family through your address book.

Karen Goins, publisher of our newest "healthy living" magazine **NATURALAWAKENINGS** will be bring magazines for pick up to both the Board meetings and our monthly meetings if any of you want a few (or a stack) for your offices. Call her at 210-251-5766 if you need them delivered by the 1st of each month. (25 minimum)

Milestones & Invites

Local hot glass artist **Kathleen McBride** was selected to be one of the featured artists at the Cibolo Nature Center's "Art and Conservation" April 17-19. This is the first time three-dimensional artists have been asked to participate, and Kathleen was honored to be asked to share her work! (Note: Your newsletter writer got a sneak peak, and it really was *very cool!!!*)

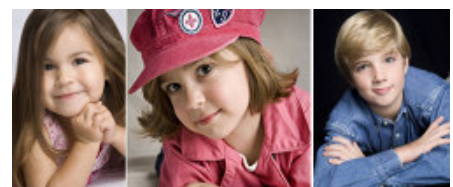
McRae MD Medical
Laser Spa is now doing Lash
Extensions and is offering
the ladies of HCWIB a
10% discount on 1st time lashes if
they mention they read it in
HCWIB newsletter.

Amy Anderson recently attended a seminar focusing on children to teen portrait work. From making the initial marketing piece, to planning the fun photography sessions, all the way to printing, the speaker covered all aspects of focusing on this very special time in a child's life.

In addition to the seminar, the speaker gave all attendees the opportunity to participate in the National Charity Model Search to help raise money for the non-profit organization Now I Lay Me Down to Sleep. We ended up giving away 34 free model sessions and contest entries to the community and we had three CUTE kids win (one was our own Christina Hallum's son!).

May Birthdays

Terry Essman ^{6th}, Denise Ciardello ^{7th},
Sandra Montoya ^{14th}, Misty Thomas ^{17th},
Leah Coyne ^{21st}, Suzann Woodward ^{23th},
Sherry Moses ^{24th}



Bobbie French wants to give a big thanks to *Sheri Keys, Carolyn Dutson, Laurie Hengel* for the wonderful lunch you provided to the CWJC this month. They really enjoyed the food. The next lunch will be May 11th. *Leah Coyne, Sue McCrary and Patrice Davison* have signed up to provide the food in May. This will be the last one for this session. Thank you to everyone who has provided food and support to these women.

Lorrie Hengel goes to Carnegie Hall!

Forty members of our 100 voice choir from University United Methodist church had the opportunity to travel as a group to New York City for 5 days during March, to join with 5 other choirs totaling 200 on stage at Carnegie Hall, to British composer, John Rutter's Winchester Te Deum.

Under Maestro Rutter's conducting, we also sang his famous "Gloria" accompanied by the New England Philharmonic Orchestra, during the 2nd half of a program, which featured a piano soloist and orchestral selections. It was a "sold out" performance produced by Mid-America Productions, which extends the offer to be in concert at Carnegie to outstanding choral groups across America.

When not in long rehearsals, we managed to see the sights of N.Y., attend the Metropolitan Opera House for 2 "two act" operas, and see the Broadway production of "Billy Elliot", which ranks up there with "Les Miserables". Ray and I split a Pastrami sandwich and humongous piece of cheesecake from Stage Deli one day, and found a great Thai Restaurant.

Following our concert performance, buses took us to board a dinner cruise ship that circled N.Y. harbor and lingered around the Statue of Liberty, all lit up. We danced away a few of the "Deli calories" that last night. I wish we had some neat photos of our Carnegie experience, but sadly, no one is allowed to take pictures inside Carnegie Hall.

'Twas a cold, busy, bustling city, and a place to revisit again to explore more of the culture we missed the two times we've been there now. Glad to be back!

OUR NEXT MEETING:

Just say @KJKJKJ!!!

We all have stresses.

Gayle Jones will teach us all how to remove stress!

Everyone will want to be there. Not only will you get "free stuff" but there will also be a door prize drawing for a free treatment. Watch with amazement as she reduces stress on several individuals right in front of you. She will also demonstrate cool yoga moves that you can take home with you to do anytime you need them to help you have a more stress free life.

Make your reservations today & bring a friend!

Tips from **Alena Morris**

Prestige Carpet Cleaning and Floor Care

In case of a spill, THE BEST thing to use to clean the carpet is HOT WATER!! Don't ever use retail cleaners like 'Spot Out' or 'Woolite'.

Most of the carpet spot cleaners sold today actually MAKE STAINS PERMANENT. For example: Anna, my 5 year old, spilled a blue snow cone on her almost white carpet last summer. I took a large measuring cup of water and put it in the microwave to get it fairly hot and dowsed the spot. I then pushed on the spot with a towel – not rubbing - and repeated. It completely came out and it was SO easy! Years ago, before I knew better, I used some spot cleaner on a cool-aid spill. The color never came out and I had a permanent red stain to deal with.

For stubborn stains we have a wonderfully safe spot cleaner that we will send you for free. And you can always call us for free advice anytime you have a problem with your Carpet, Tile or Upholstery.

Need more information, or want to schedule us to come out and care for your home or office? Call us! (830)248-1264

Women Helping Women & Helping Others

Last Month's Meeting & Minutes

Kathy Hubbard, president, restated three goals for the year (1) to continue networking (2) to support each other personally and professionally and (3) to have fun! Patrice Davison then shared an invocation.

Kathy welcomed Diann Eiserloh, of Rooms Refined, an interior/exterior color consultant. Carolyn Dutson introduced the "elevator speech" to the group and all members followed.

Bobbie French thanked Marie Hicks, Carolyn Dutson, Shari Keyes and Lorie Hengel for volunteering to provide lunch for the Christian Women's Job Corp on April 13th. Leah Coyne, Sue McCrary and Patrice Davison volunteered to provide the May 11th lunch. Thank you notes for donations have been received from the Hill Country Pregnancy Care Center and the Kendall County Women's Shelter.

The minutes of the March 12th General Meeting were approved as published with a motion from Sue McCrary and second from Bobbie French. The checking account balance is \$4,162.75. Members were reminded that the "planned meal" for the meeting will be served, with a vegetarian option only.

Gayle Eason presented notebooks to our newest members Sandra Montoya of Human Resource and Management Services and Kathy Masterson of Bconnected. New members, as well as long time members, are invited to send biographical information about themselves and their company to Karen Goins for publication in the HCWIB newsletter.

Carolyn Dutson and Shari Keyes have all programs for the year tentatively scheduled. Sarah Hamilton was thanked for the phenomenal job she has done in creating publicity for HCWIB in the short time she has served on the publicity committee. Lynn Hoppe was thanked for the awesome job she continues to do with the HCWIB website.

Rose Englehardt and Denise Ciardello volunteered to assist Lynn Pendley on the Communication Committee. Cindy Ogle, historian, requested that members give her copies of articles/pictures when we are in publications. Patrice Davison, chaplain, welcomed all to contact her with special concerns or joys that could be kept privately or shared within the HCWIB group. Linda Tom and Kathleen McBride were the delighted recipients of the coveted HCWIB Happy Birthday song.

The next board meeting will be May 7th, 12:00 noon, at Kathy Hubbard's office. The next general meeting will be May 14th, outdoors on the deck of FORCC, 5:30pm, so be sure to wear comfortable clothing. Gayle Jones, a pain elimination specialist, will speak.

Bonnie, of Tomboy Tools, was the guest speaker.

- Submitted by **Linda Tom**

Mark Your Calendar

May 7 12:00 Board Meeting
14 5:30 FORCC ; Social on Deck – Gayle Jones, Pain Elimination Specialist

June 4 12:00 Board Meeting
11 5:30 FOCC - Water to Wine (to be confirmed)

July 2 12:00 Board Meeting
9 5:30 Swim Social @ Helene Bachmann's home

Aug 6 12:00 Board Meeting
13 11:30 luncheon – Dodging Duck (tentative)

Sep 3 12:00 Board Meeting
10 5:30 FORCC

* Board Meetings held at Kathy Hubbard's office - 113 Falls Court #100, Boerne, TX - Bring a lunch!

MORE TO COME.....

Board of Directors & Committee Chairs

Board of Directors

President: **Kathy Hubbard**

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Secretary: **Linda Tom**

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