

Hill Country Women in Business



April 2006 Newsletter

Upcoming Events

Thursday, April 6, 2006

HCWIB Board Meeting
Folio Communications
248 North Main Street
Boerne, TX 78006
830.249.9566
12:30 p.m.
BYO Lunch

Thursday, April 13, 2006

HCWIB General Meeting
Fair Oaks Ranch Country
Club
Social 5:30 p.m.
Meeting 6:00 p.m.

Dinner is \$17.00.

Reservations are required.
Please call **Lucy Ziegler** at
830.249.4777 or e-mail her
at lkzlpcc@gvtc.com by 5:00
p.m. on **Monday, April 10**, to
reserve your spot. Remember,
cancellations and "no
shows" will be billed.

April Menu

Classic Caesar Salad

*Chicken Saltimbocca w/
Roasted Lemon Sauce,
Angel Hair Pasta and Chef's
Vegetables*

Tiramisu

*Iced Tea, Water, and
Coffee (offered)
BYO wine/beer*

A message from the president

Happy spring, ladies!

As I write my first message as president, I am again mindful of the example that my predecessor Sharon Tschirhart set. She led HCWIB with grace and humor, and made it one of HCWIB's most successful years by any measure. Thank you, Sharon.

Congratulations to Amy Anderson, our 2005-2006 Woman of the Year. Her new ideas and initiatives helped to increase HCWIB's profile in the community.

Speaking of new ideas, I hope you will plan now to attend the annual roundtable in April. This is one of the most important meetings during the year. It provides a forum for you to express your ideas about the future direction of HCWIB and give the board direction for the coming year. What programs would you like to see? What community outreach should we engage in? How many socials should we hold? If two heads are better than one, imagine the collective wisdom that resides in our group. Please let us hear from you so that we can ensure another awesome year for HCWIB.

See you in April,
Jeanne

Christian Women's Job Corps® Scholarship

A motion was made and carried to present the Christian Women's Job Corp with a \$1000 scholarship donation before year end. The purpose of Christian Women's Job Corps®, a ministry of WMU, is to provide a Christian context in which women in need are equipped for life and employment, and a missions context in which women help women.

Christian Women's Job Corps® (CWJC) of Kendall County Texas is a non-profit, faith-based agency where women in need are equipped for life and employment through job-readiness classes, computer classes, Bible study, and mentoring.

HCWIB will be providing lunches for nine ladies on the following dates; April 27th, May 2nd, and May 4th. Anyone interested in participating should call Carolyn Dutson @ 830.981.8445 or e-mail cdutson@gvtc.com for details. Ladies can volunteer for one or all three of the dates.



Members on the Move

Sarah Hamilton is having her Grand Opening of Access Storage on Saturday, March 25, 2006 from 12 - 3 p.m.

Amy Anderson attended the Children and Family Photographers of America's Conference.

Pam Lewis of Pam Lewis & Associates, LLC is looking for volunteers for the upcoming newsletters "Member in the Spotlight". May issue will feature our newest member, Debi Lamb of Penguin Suits. Please call Pam Lewis @ 249-6305 or e-mail her @ pam@pamlewisassociates.com.

Dues Deadline is here!
Annual dues are due by March 31st. The HCWIB Board voted to keep annual membership dues at \$50.

Happy Birthday, April Babies!
*Kathleen McBride, 4/04
Linda Tom, 4/06
Laura Hummell, 4/18
Cynthia McKenna, 4/20
Cynthia McMullan, 4/22*

General meeting minutes

March 9, 2006

President Sharon Tschirhart called the meeting to order at 6:05PM. Leah Coyne gave the invocation. There were 21 members and 1 guest.

Debi Lamb of Penguin Suits was welcomed as our newest member.

Marie Hicks and Carolyn Dutson won the door prizes.

The audit committee has met and will present their report at our April meeting.

A motion was made and carried to present the Christian Women's Job Corp with a \$1000 scholarship before year end. Carolyn Dutson also asked for help in providing lunches for job corp attendees April 27th, May 2nd and May 4th. She asked anyone who could assist to contact her.

Suzann Woodward reported total funds of \$5,735.55.

Carolyn Dutson reported we had 10 new members join last year.

Amy Anderson presented an excellent slide show of our past year meetings, socials and the Christmas parade.

Woman of the Year Presentation was made to Amy Anderson. Sharon Tschir-

hart surprised us with another excellent slide show honoring Amy.

A motion was made and seconded to accept the nominations for the new board. President Jeanne Buchanan introduced her committee chairs.

Next board meeting will be April 6th, 12:30PM at Jeanne Buchanan's office, Folio Communications, 265 North Main. Next general meeting will be a roundtable discussion April 13th at Fair Oaks Country Club.

Meeting was adjourned.

It has been a pleasure serving as your secretary the past year and working with such a great group of ladies. Thank you Sharon, for accomplishing so much and having fun doing it.

Sharon Huckabay, Secretary

Welcome '06-'07 Officers and Committee Chairs

President – Jeanne Buchanan
Vice President – Carolyn Dutson
Secretary – Alena Morris
Treasurer – Leah Coyne
X-Officio – Sharon Tschirhart
Chaplain – Sue McCrary

Hospitality/Reservations – Lucy Ziegler
Membership – Suzann Woodward
Newsletter – Pam Lewis
Programs – Patrice Davison-Marshall
Publicity/Photography – Amy Anderson
Telephone – Rebecca Boles
Website – Lynn Hoppe

Congratulations to Amy Anderson for winning "Woman of the Year".

Member in the spotlight

Becky Zook, Namaste Retreat

I moved to Boerne four years ago from Houston. For years, I had wanted to live in the hill country and open a retreat center focusing on body, mind, & spirit. My dream has been to develop "a sanctuary for personal growth & renewal in a setting of peace, solitude & beauty. A healing space to share our gifts, talents, friendships & honor our differences."

Both my husband and father have passed away since moving here and after three years of adjustment, my dream is manifesting. I have three sons and four grandchildren.

I offer day retreat space for meetings & seminars and have overnight accom-

modations. I am located two miles north of Boerne on Cibolo Creek. My web site is www.namasteretreat.com.

While living in Houston I sold gifts and accessories for a showroom at the Dallas Trade Mart and renovated & restored many old houses. My new center gives me the opportunity to employ the talents I have and also grow through the aspects I dislike.

I love restoring, decorating, gardening, cooking, meeting new & interesting people and hope I can provide a sacred space for others to enjoy.

April's Round Table Discussion Tips

A round table discussion is an excellent form of small group communication when the group is going to be a long term engagement. Roundtable discussions are extremely useful when it comes to learning, whether the learning be social or academic. Most of these types of groups are focused on one subject like self help, educational endeavors, or hobbies.

For HCWIB, we are looking for ideas about the future direction for the coming year. Since round table discussions are usually a long term type of small group discussion, cooperation is vital to the groups' success. Also, group participation is a key concept as well. Be thinking of programs you would like to see, how many socials we should have, who you would like to see as guest speakers, and what kind of community outreach should we engage in.

Whether you are in a round table discussion for self help, learning math,

share poetry, or tackle a big project at the workplace, here are some helpful hints to consider prior to HCWIB Round Table Discussion in April: Establish the specific focus of the group early on

- Always have an agenda to follow to keep meeting flowing
- Always encourage equally active participation from **all** group members
- Be sure to discuss topics one at a time, try not to stray off in different directions which is easy to do in this informal format
- Always recap what was covered at the end of the round table



More Members on the Move:

Beth Coyle, the owner of Coyle Engineering is exhibiting & selling her photography this month at the Daily Grind. She is extending an invitation to the group to attend the 4th Annual St. Peter's Auxiliary Art Auction on March 25th to benefit their scholarship fund. Anyone interested can call Beth @ 249-5533. On April 21-23, Beth will be exhibiting her photography at Ye Kendall Inn for the Parade of Artists.

Cynthia McKenna, LPC, NCC attended "Trauma Oppression vs. Trauma Recovery", a workshop focusing on effective treatment of traumatized clients. Cynthia is offering a Women's Issues Support Group, which will provide a safe and confidential place to explore the challenges in our lives. meet for 12 weeks beginning April 3rd, Mondays from 6:30 – 8:30 p.m., cost is \$ 300. For more info, call Cynthia @ 210-557-1715 or visit www.cynthiamckennacounseling.com.

Becky Zook of Namaste Retreat had their ribbon cutting on Thursday, March 16th.

New board & committee members announced at meeting



Photography by Amy Anderson