

Hill Country Women in Business

February 2006 Newsletter



Upcoming Events

Thursday, February 2, 2006
HCWIB Board Meeting
The Huckabay Agency
Allstate Insurance
1411 S. Main Street
Boerne, TX 78006
830-249-2987
12:30 p.m.
BYO lunch

Thursday, February 9, 2006
HCWIB General Meeting
Fair Oaks Ranch Country
Club
Social 5:30 p.m.
Meeting 6:00 p.m.

Dinner is \$15.00. Reservations are required. Please call Carolyn Dutson at 830-981-8445 or email her at cdutson@gvtc.com by 5:00 p.m. on Monday, February 6, to reserve your spot. Remember, cancellations and "no shows" will be billed.

February Menu

Caesar salad with traditional Caesar dressing
Homemade seven-layer lasagna

Rolls & butter

Triple chocolate cake with chocolate sauce

Iced tea & water
Coffee

A message from the president

Dear Friends,

We find ourselves in a new year. Can you believe that 2006 is in full swing?!

Our group is growing and becoming better and better as time goes on. We have published the nominations for officers for 2006-2007 and also the Woman of the Year ballot (see page 4). Vote for your choice for Woman of the Year by completing the ballot, sign and date it. Send it to HCWIB, P. O. Box 1574, Boerne, TX 78006. Votes need to be received by February 17th to be counted. The award will be presented at our March meeting. It is going to be a

difficult choice. We have three women who have given of their time and energies to help HCWIB grow and become the great group it has become.

We had a very good turnout at the January meeting. Thanks to Amy Anderson for providing the door prize and to Misty Thomas for providing the speaker gift.

Thank you all for supporting the group by attending the meetings.

See you in February,
Sharon

Feb. features medical skin care, aesthetics

The skin is the largest organ in the human body. But how much do you really know about what your skin needs, what type of skin you have, or what kind of soaps and lotions are the best for your skin? Do those products and procedures that promise younger-looking, wrinkle-free skin work?

Our panel of three doctors, well-versed in skin care, will answer these and other questions at the February meeting.

Dr. Harpreet Lotay, owner of Cibolo Springs Medical Clinic, is a board-certified family physician. She received her medical school training at the University of Alberta in Canada, and graduated in the top five percent of her class. She was trained in non-surgical procedures for aesthetic enhancement of the aging face during a training fellowship with a prominent oculo-plastic surgeon.

Dr. Laura Hummel, medical director of Hill Country Aesthetics, studied medicine at the West Virginia University School of Medicine. She interned in combined medicine and surgery at Marshall University School of Medicine. As a resident, she received training in anesthesiology at Baylor Medical School in Houston. She was mentored for three years in aesthetic medicine by physicians around the U.S.

Dr. Michelle Berry went to Texas A&M University, where she received a bachelor's degree in business administration. She attended Kansas City University of Medicine & Biosciences, where she received her doctor of osteopathy. She opened Medical Center West (her family practice) in Boerne in 1994. She opened Care Choice in 2003 and Allure Laser & Skin Clinic in 2005.



Members on the Move

Wendy Jones, Wendy Wenger-Jones Graduate Gemologist, is teaching two classes at the new YMCA in Boerne. Join her for indoors cycling and Pilates on the reformer. Her class schedule is posted at the Y. Wendy reports that the Y is a lovely and very professional gym, and urges everyone to come by.

Amy Anderson, Shutter-Happy Photography, has joined the Children and Family Photographers of America. Membership will be a wonderful resource and a great tool for Amy's business since more than three-quarters of her portraits include children. She will be attending the group's conference in March.

Dr. Kathy Hubbard, Boerne Eye Health, is having a Chamber of Commerce ribbon-cutting at her new office (113 Falls Court, Suite 100) on January 31 at 11:30 a.m. All HCWIB members are invited.

Dues are due. The HCWIB Board voted to keep annual membership dues at \$50. If you pay your dues by March 1, you receive a \$5 discount (\$45 for the year).

General meeting minutes

January 12, 2006

President Sharon Tschirhart called the meeting to order at 6:10 p.m. Twenty-one members and one guest were present. Lynn Hoppe won the door prize donated by Amy Anderson.

The audit committee, consisting of Suzann Woodward, Leah Coyne and Bobbie French, will meet in February to audit the books. The nominating committee for 2006-2007 has turned in its slate of officers and committee chairs, which will be published in the February newsletter. The nominating committee for Woman of the Year passed out ballots at the meeting. The nominees are Jeanne Buchanan, Carolyn Dutson and Amy Anderson.

Jeanne Buchanan, our President-elect, has asked members to let her know if they have any interest in working on a committee.

Carolyn Dutson presented new membership books to Lynn Hoppe, LP Computer Services, Sarah Hamilton, Access Storage, and Dr. Laura Hummel, Hill Country Aesthetics.

Amy Anderson reported the Web site update is complete. She also has

membership certificates for those who would like to display them in their work place. We will be entering a float in the BergesFest parade.

Program chair Patrice Davison-Marshall informed us that the February meeting would feature Dr. Michelle Berry, Allure Laser & Skin Care, Dr. Laura Hummel, Hill Country Aesthetics, and Dr. Harpreet Lotay, Cibolo Springs Medical Center, as guest speakers.

The next board meeting will be held on February 2 at Sharon Huckabay's office. The next general meeting will be held on February 9 at Fair Oaks Country Club. The meeting was adjourned.

Our guest speaker was Chip Hough from Corpus Christi. Chip represents Texans for Lawsuit Reform. The group is working to discourage non-meritorious lawsuits and outrageous claims for damages. If you would like more information about the group, their phone number or e-mail address, please call me at (830) 249-2987.

/s/ Sharon Huckabay, Secretary

TX Women's Hall of Fame seeking nominations

For the first time, HCWIB has been asked to nominate a candidate for the 2006 Texas Women's Hall of Fame. This prestigious award recognizes women who have made significant contributions to the State in the areas of leadership, education, health, and the arts. Past honorees include Lady Bird Johnson, Barbara Jordan, Mary Kay Ash, Barbara Bush, Kay Bailey Hutchison, Karen Hughes and Sheryl Swoopes.

Nominees must be living and a native or current resident of Texas. Their service or achievement must have been performed in

Texas. A narrative statement of the nominee's background and accomplishments, explaining how the nominee's contributions have improved their particular discipline, field or profession, and the State of Texas, must be provided.

Nominations are due by February 24. For more information or a nomination form, contact Suzann Woodward or Jeanne Buchanan.

Member in the spotlight

Sarah Hamilton, Access Storage

I am excited to share with you the news that my new business, Access Storage (105 Shooting Club Rd.), is now open! This is a new adventure for me and it has been very exciting.

Let me tell you a little about myself. I was raised in San Antonio and graduated from Robert E. Lee High School. I attended The University of Texas at Austin and received a bachelor's degree in corporate fitness--which is a combination of phys. ed. and business courses. Shortly after that, I moved to Knoxville, Tennessee, and got a master's degree in education/curriculum and instruction from The University of Tennessee. That began my teaching career. I taught the third, fourth and fifth grades in three different states, all in just six years! Wow! That was great fun, but my children needed me at home so I decided to become a stay-at-home mom. My daughters and I moved to Boerne nine years ago. I felt at home immediately--Boerne is incredible and the people are fantastic. I have owned and managed The Oaks Shopping Center (the one with Pizza Hut on one end and Comet Cleaners on

the other) for nine years. Being a "landlord" and not a "store owner" allowed me to spend time with my girls. Two years ago, when they were 10 and seven, I decided they were old enough (and probably tired enough of me) that I could venture out and start something new. That brings me to now--the opening of Access Storage in a new business park, which I named Shooting Club Plaza because it is located on Shooting Club Rd. Please come visit and let me show you around the storage facility and office warehouses.

Now a little about my personal side. What I love most is to spend time with the people who are most important to me--my two daughters, of course, and family and friends. I love to go to the movies, spend time outside on beautiful days and exercise. I am a certified personal trainer, but I'm taking a break from training people because there is not enough time to fit it all in! I enjoy being a Chamber member and serving on the board of the new YMCA, and I know I will love every bit of being a part of the Hill Country Women in Business!

Board nominees, committee chairs named

The nominating committee has submitted the following slate of officers to serve for the 2006-2007 term:

President	Jeanne Buchanan, Folio Communications
Vice President	Carolyn Dutson, Senior Care Insurance
Secretary	Alena Morris, Prestige Carpet Cleaning & Floor Care
Treasurer	Leah Coyne, Coyne, Inc.

The nominating committee proposed that the following members serve as committee chairs:

Chaplain	Sue McCrary, McCrary Interiors
Hospitality/Reservations	Lucy Ziegler, L. K. Ziegler, LLC
Membership	Suzann Woodward, Suzann M. Woodward, CPA
Newsletter	Pam Lewis, Pam Lewis & Associates, LLC
Programs	Patrice Davison, Davison Insurance Agency, LLC
Publicity/Web Site	Amy Anderson, Shutter-Happy Photography
Telephone	Rebecca Boles, Mary Kay Beauty Consultant



More Members on the Move:

Becky Zook, Namaste Creekside Retreat, has a new Web site. Check out www.namasteretreat.com.

Cynthia McKenna LPC, NCC attended a conference on medical hypno-analysis. She will begin offering hypnosis to aid clients with weight loss, smoking cessation, anxiety, phobias and as part of stress management.

Misty Thomas and Katie Carroll, The Hair Company, will attend a two-day cosmetics seminar in Dallas in February. They will preview the spring and summer trends in fashion and makeup and attend an Introduction to Mineral Makeup class that will include application techniques. The Hair Company has its own exclusive line of cosmetics, which contains minerals, vitamins and antioxidants, that is great for the skin and can be worn by those who have sensitive skin.

Happy Birthday, February Babies!

Bobbie French, 2/3
Mary Ashley Jimenez, 2/4
Rose Engelhardt, 2/9
Patrice Davison, 2/13

Cast your vote for HCWIB's Woman of the Year

Please indicate your choice by marking the appropriate box. Sign, date and mail this ballot to HCWIB, P. O. Box 1574, Boerne, TX 78006. Ballots must be returned by February 17 to be counted.

Amy Anderson, owner of Shutter-Happy Photography, has been very active in HCWIB since she joined in 2004. Amy revamped the Web site, making it a more viable vehicle for our members. She was chair for the Christmas parade, photographer, Web site coordinator and publicity chair. The club's growth is in big part due to Amy's dedication. She makes a point to attend all the meetings and most of the board meetings.

Carolyn Dutson, owner of Senior Care Insurance, has been a dedicated member of HCWIB since 2001. Carolyn has worked non-stop for our club. Carolyn's belief that HCWIB would grow has been a great asset. As membership chair, she has brought in many new members and is a wonderful promoter of HCWIB. She has been very giving of her time and energies, and has hosted a number of HCWIB socials in her home. She has wonderful ideas for our club and has such an amazing positive outlook.

Jeanne Buchanan, owner of Folio Communications, has worked very hard for HCWIB since she joined in 2003. She has done a superb job as editor of the newsletter. It has been very professional and kept the members informed and in the loop. Jeanne has also been very instrumental in welcoming new members to our club by meeting with them. She also writes a note to women that attend a meeting or social to offer to meet with them if they are interested in joining HCWIB. She brings excellent ideas to the board and attends all meetings and board meetings.

Name (Printed) _____ Signature _____ Date _____